

A Lifestyle Tip From ECI REC

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**Fire
Prevention
Week is
Oct. 7-13**

The National Fire Protection Association's Fire Prevention Week is a great time review and practice your fire escape plan, which should include two routes. Our local fire departments recommend the following tips for planning your family's escape:

- Make a map of your home. Mark a door and a window that can be used to get out of every room.
- Choose a meeting place outside in front of your home. This is where everyone can meet once they've escaped. Draw a picture of your outside meeting place on your escape plan.
- Write the emergency telephone number for the fire department on your escape plan.
- Have a grown-up sound the smoke alarm and practice your escape plan with everyone living in your home.
- Keep your plan on the refrigerator.